

THE WOODSMAN KENT

**Bushcraft courses - we run approx 2 per month
please contact us to register interest.**

Bushmaster Family/Group one day course

09.00 – 16.00

- **09.00. Arrive at the woods.**
- **09.00 – 09.30. Introduction and familiarisation brief.**
- **09.30 – 10.15. Introduction to cutting tools.** (Lesson on the cutting tools we will be using throughout the course, each student will make 2 tent pegs/or bush craft whistle). **Mandatory.** (45 mins)
- **10.15 – 11.00. Developing knife handling skills.** (Lesson detailing various techniques to get the best out of using your knife and folding saw, culminates in teams making pot hangers).
- **11.00 – 11.45. Natural navigation.** (Forgot your compass, don't worry. Introduction to navigating using natural indicators including sun, stars, etc).
- **11.45 – 12.45. Game preparation and lunch.** (Safely prepare a pigeon to eat for lunch time meal, vegetarian/vegan alternatives available).
- **12.45 – 13.30. Introduction to fire lighting.** (Hands on lesson investigating the various methods for lighting your fire using different tinders, etc, we'll teach you how to light a fire even in the wet).
- **13.30 – 14.15. Tarp shelters.** (Lesson on importance of and requirement for shelter. Erect simple 2 person tarp shelters).
- **14.15 – 15.00. Sourcing and preparing water.** (How to source water and safely prepare it for drinking).
- **15.00 – 15.45. Knife Law and knife sharpening.** (Understand the legalities regarding the use and carriage of knives in the UK). **Mandatory.** (45 mins)

Tel 07957 706915

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[email woodsmankent@gmail.com](mailto:woodsmankent@gmail.com)

We have Leave no Trace policy in the Woodland

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Bushmaster Overnight Course

Day 1, Saturday Afternoon.

11.00. Arrive at the woods.

11.00 – 11.30. Introduction and familiarisation brief.

11.30 – 12.30. Introduction to cutting tools. (Lesson on the cutting tools we will be using throughout the course (sheath knife, folding saw and bow saw), each student will make 2 tent pegs).

12.30 – 14.00. Game preparation and lunch time meal. (Safely prepare a pigeon to eat for lunch time meal, vegetarian/vegan alternatives provided).

14.00 - 15.00. Developing knife handling skills. (Lesson detailing various techniques to get the best out of using your knife and folding saw, culminates in teams making pot hangers).

15.00 – 16.00. Introduction to fire lighting. (Hands on lesson investigating the various methods for lighting your fire with different tinders, etc, we'll teach you how to light a fire even in the wet).

16.00 – 17.00. Making shelters (Lesson on importance of and requirement for shelter, discuss various examples, build simple 2-person tarp shelters for overnight accommodation).

17.00 – 19.00. Game preparation and evening meal. (Safely prepare a fish (trout) to eat for evening meal, vegetarian/vegans alternatives provided).

19.00 – Downtime (Relax by the fire).

Day 2, Sunday Morning.

07.00 – 08.00. Breakfast. (Make Damper bread to eat with bacon and eggs, vegetarian/vegan alternatives provided).

08.00 – 09.00. Natural Navigation. (Using natural indicators to find the Cardinal Points).

09.00 – 10.00. Sourcing and preparing water. (How to source water and safely prepare it for drinking).

10.00 – 11.00. Traps and Snare. (Discuss different methods including the legalities for capturing game/fish in a bushcraft environment).

11.00 – 12.00. Knife Law and knife sharpening. (Understand the legalities regarding the use and carriage of knives in the UK, finishing off with knife care).

12.00 – 12.30. Wrap up and depart.

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THE WOODSMAN KENT

Bushmaster Full Weekend Experience

Day 1, Friday evening.

18.00. Arrive at the woods.

18.00 – 18.30. Introduction and familiarisation brief.

18.30 – 19.30. Introduction to cutting tools. (Lesson on the cutting tools we'll be using throughout the course, each student will make 2 tent pegs).

19.30 – 20.00. Tarp shelters. (Erect simple 2-person tarp shelters for Friday night accommodation).

20.00 – 20.30. Game preparation. (Safely prepare a pigeon to eat for evening meal).

20.30 – Evening meal and down time (relax by the fire and get to know the group).

Day 2, Saturday.

07.00 – 08.00. Breakfast. (Make Damper bread to eat with bacon and eggs).

08.00 - 09.00. Developing knife handling skills. (Lesson detailing various techniques to get the best out of using your knife and folding saw, culminates in teams making pot hangers).

09.00 – 11.30. Natural shelters. (Lesson on importance of and requirement for shelter. Construct 2 man shelters for Saturday night accommodation using natural materials from the woods).

11.30 – 13.00. Game preparation and lunch. (Safely prepare a fish (trout) to eat for lunch time meal).

13.00 – 14.00. Game preparation. (Safely prepare a small mammal (rabbit) to eat for evening meal, this will be cooked throughout the afternoon to make a stew).

14.00 – 14.45. Sourcing and preparing water. (How to source water and safely prepare it for drinking).

14.45 – 15.45. Introduction to fire lighting. (Hands on lesson investigating the various methods for lighting your fire using different tinders, etc, we'll teach you how to light a fire even in the wet).

15.45 – 16.30. Natural navigation. (Forgot your compass, don't worry. Introduction to navigating using natural indicators including sun, stars, etc).

16.30 – 17.30. Advanced fire. (Different types of fire and producing an ember with a fire bow/fire by friction).

17.30 - 18.30. Natural cordage (making string from natural materials).

18.30 – 19.30. Evening meal.

19.30 – 20.00. Team challenge. (Challenge to boil water applying knowledge gained from water and fire lesson and previously constructed pot hangers).

20.30 – Downtime (Relax by the fire).

Day 3, Sunday Morning.

07.00 – 08.00. Breakfast.

08.00 – 09.00. Traps and Snares. (Discuss different methods including the legalities for capturing game/fish in a bushcraft environment).

09.00 – 10.00. Knife Law and knife sharpening. (Understand the legalities regarding the use and carriage of knives in the UK finishing off with knife care).

10.00 – 11.30. Introduction to foraging. (Identifying edible, medical and poisonous plants and trees, includes safety considerations and legalities for foraging in England).

11.30 – 12.00. Wrap up and depart.

Lesson timing may vary due to weather, etc, but all will take place during the weekend.

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Bushmaster Bespoke Group Courses

Group courses can be organized by prior arrangement with Bushmaster Survival Ltd for a single day similar to the Family Course or to extend overnight or the full weekend experience as required. The full weekend experience will follow the same itinerary as advertised however the overnight and single day options can be tailor made from the subjects listed below.

Due to the requirement for using knives and folding saws throughout most activities Lessons 1 and 2 are mandatory:

- **1 Introduction to cutting tools.** (Lesson on the cutting tools we will be using throughout the course, each student will make 2 tent pegs or bush craft whistle). **Mandatory** (45 mins).
- **2 Knife Law and knife sharpening.** (Understand the legalities regarding the use and carriage of knives in the UK finishing off with knife care). **Mandatory** (45 mins)
- **3 Tarp shelters.** (Lesson on importance of and requirement for shelter. Erect simple 2-person tarp shelters). (45mins)
- **4 Natural shelters.** (Lesson on importance of and requirement for shelter. Construct 2 man shelters for overnight night accommodation using natural materials from the woods). (2.5 – 3 Hrs)
- **5 Game preparation.** (Safely prepare fowl (pigeon) to eat). (60 mins including meal)
- **6 Game preparation.** (Safely prepare a fish (trout) to eat). (80 mins including meal)
- **7. Game preparation.** (Safely prepare a small mammal (rabbit) to eat for evening meal). *Overnight courses only.*
- **8. Breakfast.** (Make Damper bread to eat with bacon and eggs). *Overnight courses only.*
- **9. Developing knife handling skills.** (Lesson detailing various techniques to get the best out of using your knife and folding saw, culminates in teams making pot hangers). (45 mins)
- **10. Natural navigation.** (Introduction to navigating using natural indicators including sun, stars, etc).
- **11. Sourcing and preparing water.** (How to source water and safely prepare it for drinking).
- **12. Introduction to fire lighting.** (Hands on lesson investigating the various methods for lighting your fire using different tinders, etc, we'll teach you how to light a fire even in the wet). (45mins)
- **13. Advanced fire.** (Different types of fire lay, chemical and electrical ignition and producing an ember with a fire bow/fire by friction). (45 mins)
- **14. Introduction to foraging.** (Identifying edible, medical and poisonous plants and trees, includes safety considerations and legalities for foraging in England) (60 mins).
- **15. Natural cordage.** (making string from natural materials). (45 mins)
- **16. Traps and Snare.** (Discuss different methods including the legalities for capturing game/fish in a bushcraft environment). (60 mins)
- **17. Making Natural Ink/Quill.** (making ink from natural sources, similar method to ink used on Magna Carta). (45 mins)
- **18. Team competition.** (Race to boil water applying knowledge gained from water and fire lesson and previously constructed pot hangers). (Requires Lessons 1, 2, 9 and 11). (45 mins)

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